ALPHA FOUNDATION FOR THE IMPROVEMENT OF MINE SAFETY AND HEALTH

Final Technical Report

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1. Executive Summary

"Rheumatoid Arthritis in Hard Rock Underground Miners" had the overarching objective of addressing the important knowledge gaps concerning the magnitude of and risk factors for arthritis in hard rock miners in the Western United Sates to better inform occupational health practice and policy. Its specific aims built directly on the findings from our Alpha Foundation supported studies of arthritis risk attributable to coal mining work in Appalachia. Specific Study Aims were to estimate the prevalence of rheumatoid arthritis (RA) among hard rock miners in the sample population and secondly, to quantify the relative risk of arthritis associated with such mining, taking into account of mining activities (including coal and quarrying) and other sources of silica (such as construction sand blasting and foundry work). Our underlying research hypotheses, consistent with our previous findings for Appalachian coal miner s, were that that hard rock mining also is associated with increased risk of degenerative arthritis but even more strongly associated with increased risk of RA.

We carried out a cross-sectional, random-digit dial (RDD) population- based telephone survey conducted between February and May 2021. The RDD survey was conducted by Davis Research (Calabasas, CA) and included both landline and cellular phones, targeting exchanges likely to be in counties in parts of Utah, New Mexico, and Colorado with historically high silicosis mortality rates. The 26 counties included in the study were adjacent to each other. We limited eligibility for survey participation to men aged 50 and over who spoke English or Spanish and had a history of any past or current labor force participation. A total of 2,000 responded to the survey (11% of contacts made; 25% of contacts excluding the 10,413 known to be ineligible). Our target final number was based on our previous experience surveying coal miners in Appalachia.

Study interviews averaged 18 minutes in length and contained items addressing employment, smoking history, sociodemographics, and arthritis and related diagnoses. The survey ascertained duration and type of mining experience, along with exposure to inhaled dusts in non-coal mining jobs. The health sections queried whether the respondent had ever received a diagnosis from a health professional of arthritis of any kind, with follow-up items specifying rheumatoid arthritis, psoriatic arthritis, or gout. The survey also elicited diagnoses of other autoimmune conditions, including systemic lupus erythematosus, psoriatic arthritis, and systemic sclerosis. Interviewers asked about joint swelling, stiffness, or pain, regardless of reported diagnoses. Finally, the survey included a series of questions about immunosuppressive medications used to treat arthritis. Using multivariable logistic regression analyses, we modeled the risk of RA (defined by glucocorticoid use or specific arthritis drugs) as well as non-RA arthritis associated with underground hard rock, underground coal mining, surface mining and other non-mining silica exposure in comparison to the unexposed group.

The final analytic sample was 1,988. Any underground hard rock mining exposure was reported by 118 (5.9%); underground soft rock (no hard rock) by 62 (3.1%); surface mine work with no underground exposure, 262 (13.2%); silica exposure from non-mining sources only, 348 (17.5%); and no mining or silica exposure, 1198 (60.3%). There were 89 who reported a diagnosis of RA with corticosteroids treatment and 80 with RA drug and treatment. For RA defined by corticosteroid use, there was a greater than 3-fold increased odds of disease associated with underground hard rock mining (odds ratio [OR], 3.21 [95% CI, 1.45-7.10]). Using a definition of disease requiring arthritis drug treatment, the point estimate of the odds of RA was lower (OR, 1.91 [95% CI, 0.71-5.12]).

2. Problem Statement and Objective

Our study "Rheumatoid Arthritis in Hard Rock Underground Miners" was solicited and awarded in follow-up to our successful studies of arthritis risk in associated with coal mining in Appalachia. We hypothesized that hard rock underground mining would be associated with increased RA risk. Based on our previous Alpha Foundation supported research, we also anticipated that coal mining and other occupational sources of silica exposure in the study population would also be associated with increased arthritis risk. Our research objective was to study this question, performing a population-based survey of persons living in counties in Colorado, New Mexico, and Utah with mining activity and high rates of silicosis-related mortality. Our study objectives were: 1) To estimate the prevalence of RA among hard rock miners in the sample population. 2) To quantify the relative risk of arthritis associated with such mining, taking into account of mining activities (including coal and quarrying) and other sources of silica (such as construction sand blasting and foundry work).

Respirable silica exposure has been strongly and consistently associated with rheumatoid arthritis (RA) across a variety of occupations.^{1,2} Examples of at-risk jobs include foundry work, construction trades, and stone crushing and drilling. We previously observed that underground coal miners from the Appalachian region of the Eastern US had 3-fold or greater odds of RA.^{3,4} This risk is presumably due to silica co-exposure from underground coal extraction in which silica-laden dust from beyond the coal seam routinely contaminates the workers' breathing zones.⁵ Coal mining, especially in Great Britain, has long been recognized as a risk factor for RA, often referred to as Caplan syndrome in that context.⁶ Beyond coal, underground metal and other hard rock mining also is an important source of silica exposure.^{7,8} Despite this exposure, RA risk in hard rock mining has received scant attention by researchers, clinicians, and policy makers. A single 1995 mortality study of South Dakota gold miners ⁹ identified an increased risk of overall arthritis-related mortality but did not consider RA specifically. A study of RA in South African gold miners was published in the 1980s,¹⁰ whereas a 1979 letter to the editor reported the prevalence of RA among silicotic metal miners from Quebec.¹¹ These studies appear to constitute the entire published literature on hard rock mining risk for RA.

3. Research Approach

Data for this study derive from a cross-sectional, random-digit dial (RDD) population- based telephone survey conducted between February and May 2021. The RDD survey was conducted by Davis Research (Calabasas, CA) and adhered to the guidelines of the American Association for Public Opinion Research. The RDD sample included both landline and cellular phones, targeting exchanges likely to be in counties in parts of Utah, New Mexico, and Colorado with historically high silicosis mortality rates. We identified the targeted areas using data from the National Institute for Occupational Safety and Health (NIOSH). Although not selected on the basis of being geographically contiguous, the 26 counties included in the study were adjacent to each other, as shown below.

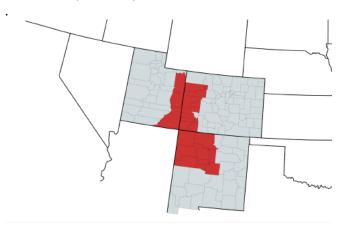


Figure 1. Sampled counties in Colorado (n=10), New Mexico (n=11), and Utah (n=3) based on elevated pneumoconiosis mortality.

We limited eligibility for survey participation to men aged 50 and over who spoke English or Spanish, had a history of any past or current labor force participation, and confirmed current residence in one of the targeted counties. We based both the sampling methodology and the survey interview on our previous research focusing on risk of RA associated with coal mining in the Appalachian region of the US.^{3,4} The study was approved by the Institutional Review Board of the University of California, San Francisco; all participants provided verbal consent to proceed with the interview. Study Sample

From 83,014 call attempts, we made 18,180 contacts with potential participants. There were 5,841 individuals who declined to participate, the majority before eligibility could be established. There were a further 10,413 who were ineligible due to age, sex, language (non-English/Spanish), lack of employment history, or current residence outside the catchment area. A total of 2,000 responded to the survey (11% of contacts made; 25% of contacts excluding the 10,413 known to be ineligible). Our target final number was based on our previous experience surveying coal miners in Appalachia. 3,4

Study interviews averaged 18 minutes in length and contained items addressing employment, smoking history, sociodemographics, and arthritis and related diagnoses. The survey ascertained duration and type of mining experience, along with exposure to inhaled dusts in non- mining jobs. The health sections queried whether the respondent had ever received a diagnosis from a health professional of arthritis of any kind, with follow-up items specifying RA, psoriatic arthritis, or gout. Interviewers asked about joint swelling, stiffness, or pain, regardless of reported diagnoses. Finally, the survey included a series of questions about immunosuppressive medications used to treat arthritis.

We defined mining exposure based on survey-reported occupational history. We asked about any underground hard rock mining employment, with a follow-up list eliciting the specific minerals mined. Respondents who did not endorse any of these (silver, gold, copper, molybdenum, zircon, uranium), had an open-ended option to identify their hard rock mining exposure. Other mining named in these responses that were likely to involve silica exposure were considered hard rock exposures. Those reporting underground shale oil mining or gilsonite, however, were combined with underground coal mining, ascertained in a separate series of questionnaire items directed at underground (and surface) coal mining. Those who identified other mining activities with negligible silica (i.e., trona) and those who reported no specific exposure were not classified as exposed. Additional survey items inquired about open-pit mining, ore processing, and quarry work. Other silica dust exposure (not from coal mining) was defined by affirmative responses to any of a list of specific job tasks including: work with silica, sand, or concrete dust; sandblasting; foundry work; concrete finishing, cutting, or drilling; or masonry work or tip-pointing. For each type of exposure, the survey included a follow-up question about the number of years spent doing that work. We did not elicit global occupational histories and thus did not apply a job exposure matrix to generate an alternate exposure measure.

We created a hierarchical, mutually exclusive classification of silica exposure (e.g., someone with both underground hard rock and surface exposure would be classified as the former, regardless of duration). Any specifically identified underground hard rock mining constituted the first category, taking precedence over all other reported sources of silica exposure. Any underground soft rock mining constituted the next category and included coal, shale oil, and gilsonite, followed by any surface mining, ore refining, or quarrying. Silica exposure exclusively from non-mining sources comprised the final category. We also created an aggregate classification of any mining exposure and any non-mining exposure. For both exposure variables, those with all other types of current or past employment constituted the unexposed group. We defined arthritis by an affirmative response to the primary stem question about receiving a health care clinician's diagnosis of arthritis. We defined RA based on a follow-up item about type of arthritis, restricted to those reporting having received oral or injected glucocorticoids for joint symptoms. We also created a more restricted glucocorticoid definition based on prolonged use, defined as at least three times per week for at least three months' duration.

A more specific definition for RA required a diagnosis of RA and report of receiving at least one of a standard list of disease modifying anti-rheumatic drugs (DMARDs) including conventional synthetic DMARDS (methotrexate, sulfasalazine, hydroxychloroquine, azathioprine, leflunomide) or biologics or targeted small molecules approved for the treatment of RA (etanercept, adalimumab, infliximab, golimumab, certolizumab, tocilizumab, abatacept, rituximab, tofacitinib, upadacitinib, or baricitinib). We also created an alternative definition including those reporting RA and either glucocorticoid or DMARD use. We categorized non-RA arthritis by a positive response to the initial arthritis question without meeting the main study criteria for RA. This category is likely to be predominantly degenerative arthritis (osteoarthritis) but includes reported RA without glucocorticoid use or DMARDs as well as infrequent reports of other autoimmune or crystalline arthritis. Cigarette smoking exposure assessment included age started, number of years smoked, and average number of cigarettes per day. We categorized participants as current, former, or never smokers. Respondents who had quit smoking fewer than three years prior to interview were considered recent smokers and included in the same category as current smokers. Using multivariable logistic regression analyses, we modeled the risk of RA (defined by glucocorticoid use or by DMARDs) and non-RA arthritis associated with underground hard rock, underground coal mining, surface mining and other non-mining silica exposure in comparison to the unexposed group. The models adjusted for age, race/ethnicity (white non-Hispanic vs. all others), and smoking status (current, former, never). Respondents who did not answer the smoking status questions (n=5) were excluded from these analyses. We also excluded respondents whose only reported underground exposure was trona, as well as those who did not report any specific work history that would allow for categorization as hard rock or coal/shale exposure (n=7), resulting in a final analytic sample of 1,988. There were no other key variables with missing data.

We tested the aggregate classification of any mining exposure to silica and non-mining silica exposure in a series of models in which the dependent variables were the multiple definitions of RA we applied: a) requiring glucocorticoid use, b) requiring DMARDs, c) requiring long-term glucocorticoids, or d) either glucocorticoid or DMARDs. Using the maximum likelihood estimates from this last set of regression models, we calculated the population attributable fraction (PAF) of RA prevalence to estimate the proportion of prevalent cases among men that could be attributed to mining or other silica exposure. We re-evaluated the main multivariable models using generalized estimating equations (GEE) which is comparable to the logistic regression but accounts for the state from which the counties were drawn and thus achieves estimates that are more precise in the face of potential similarities by region (which would in turn rlates to mining types). To reduce misclassification bias, all models of RA (any definition) or non-RA arthritis excluded subjects who reported arthritis but did not meet the criteria for the diagnosis under consideration. For example, models of RA with glucocorticoids excluded subjects who reported arthritis but not RA or who reported RA but not glucocorticoids. Thus, the reference population in each model is comprised only of individuals without arthritis by any definition. Statistical analyses were carried out in SAS v9.4 and Stata v15.

4. Research Findings and Accomplishments

We analyzed responses for 1988 survey participants all of whom by study eligibility criteria were males, 50 years of age or older, and with a history of labor force participation. Table 1 (next page) presents socio-demographics and cigarette smoking status for the study cohort. Altogether, more than one in five (22%) reported underground or surface mining experience. Those with underground hard rock mining accounted for 118 of 442 with such exposures. The duration of mining employment for hard rock mining was relatively brief (median, two years; 75th percentile, 10 years), whereas for soft rock mining the median was six years and the 75th percentile, 22 years. Other occupational exposures likely to involve silica were nearly as common as the mining industry (17.5% of the study respondents).

Characteristic	n (%) unless specified
Sociodemographics	
State of residence	
Colorado	1124 (56.5%)
New Mexico	515 (25.9%)
Utah	349 (17.6%)
Age (years), mean±sd	68.6 ± 10.1
Race/ethnicity	
White	1643 (82.7%)
Hispanic	208 (10.5%)
Native American	56 (2.8%)
Asian	12 (0.6%)
Black	13 (0.7%)
Other/unknown	56 (2.8%)
Currently employed	758 (38.1%)
Cigarette Smoking	
Never smoked	1006 (50.6%)
Former smoker	780 (39.2%)
Current/recent smoker	202 (10.2%)
Exposure source (mutually exclusive categories)	
Silica exposure from mining sources	442 (22.2%)
Any underground hard rock mining exposure	118 (5.9%)
Underground soft rock (no hard rock)	62 (3.1%)
Surface work (no underground)	262 (13.2%)
Silica exposure from non-mining sources only	348 (17.5%)
No mining or silica exposure	1198 (60.3%)
Arthritis type and frequency	
No diagnosis of arthritis reported	1073 (54.0%)
Any arthritis reported	915 (46.0%)
Arthritis, exclusive of RA	683 (34.4%)
Any RA reported	232 (33.9%)
RA with DMARD or corticosteroids	118 (5.9%)
RA, with corticosteroids	89 (4.5%)
RA, with long-term corticosteroids	49 (2.5%)
RA, with DMARD	80 (4.0%)

DMARD = disease modifying anti-rheumatic drugs; see Methods for included medications Long-term corticosteroids = \geq 3 times per week for \geq 3 months. This is a subset of any steroid use. All respondents were male, age 50 years or older, with a history of previous labor force participation. Recent smokers include those who stopped in past 3 years. Soft rock mining includes coal (n=49), shale oil (n=6), and gilsonite (n=7)

Altogether, more than one in five (22%) reported underground or surface mining experience. Those with underground hard rock mining accounted for 118 of 442 with such exposures. The duration of mining employment for hard rock mining was relatively brief (median, two years; 75th percentile, 10 years), whereas for soft rock mining the median was six years and the 75th percentile, 22 years. Other occupational exposures likely to involve silica were nearly as common as the mining industry (17.5% of the study respondents). Table 1 (previous page) also presents the frequencies of arthritis for differing definitions of disease. There were 89 respondents who reported a diagnosis of RA from a health care clinician and treatment of joint pain with corticosteroids,, whereas 80 reported RA and treatment with a DMARD. The two definitions overlapped in part: 51 reported treatment with both corticosteroids and a DMARD, while 38 reported a corticosteroid only and 29 a DMARD only.

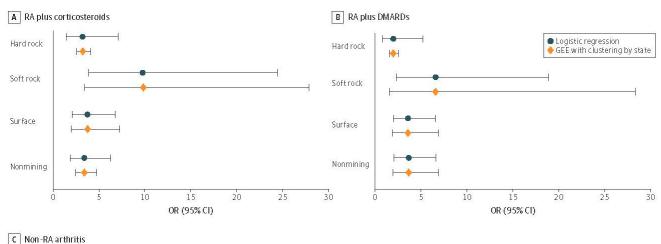
The risks of arthritis by source of silica exposure are presented in Table 2. For RA defined by corticosteroid use, there was a greater than three-fold increased odds of disease associated with underground hard rock mining, surface mining, and silica from other sources, while the odds associated with coal mining were increased greater than nine-fold. Using a definition of disease requiring DMARD treatment, the point estimate of the odds of RA was lower for underground mining and was not statistically significant. In these analyses neither current nor past smoking was statistically associated with RA. Arthritis other than RA was statistically associated with underground mining other than hard rock, surface mining, and processing, and other silica exposure jobs, but in all cases with lower point estimates of risk compared to RA.

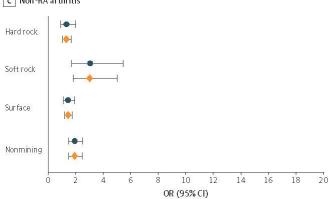
Table 2. Arthritis Conditions Associated With Silica Exposure

		osteroids*, excluding (model n=1162)	in the Britis tribo		Other arthritis (excluding RA; n=1870)	
Models unadjusted for other covariates	# with illness	OR (95%CI)	# with illness	OR (95%CI)	# with illness	OR (95%CI)
Silica exposures						
Any underground hard rock mining (n=118)	9	3.41 (1.55, 7.48)	5	2.02 (0.76, 5.40)	50	1.38 (0.93, 2.05)
Underground soft rock, no hard rock mining (n=62)	8	9.41 (3.83, 23.11)	5	6.27 (2.19, 17.93)	34	2.92 (1.65, 5.19)
Surface mining, no underground (n=262)	21	3.70 (2.07, 6.61)	19	3.57 (1.95, 6.53)	108	1.39 (1.05, 1.84)
Silica only from non-mining sources (n=348)	19	2.78 (1.53, 5.03)	21	3.27 (1.82, 5.87)	167	1.78 (1.39, 2.29)
No exposure (n=1198)	32	Referent	30	Referent	438	Referent
	N	Aultivariable logistic re	egression mo	dels		
Silica exposure sources (referent = no exposure)	Adjusted OR (95% CI)					
Any underground hard rock mining	3.2	1 (1.45, 7.10)	1.91 (0.71, 5.12)		1.32 (0.89, 1.97)	
Underground soft rock mining, no hard rock	9.74	1 (3.89, 24.42)	6.52 (2.26, 18.80)		3.04 (1.71, 5.42)	
Surface mining, no underground	3.7	4 (2.07, 6.75)	3.51 (1.90, 6.48)		1.43 (1.07, 1.90)	
Silica only from non-mining sources	3.40 (1.84, 6.27)		3.59 (1.97, 6.54)		1.92 (1.48, 2.48)	
Smoke exposure (referent = never smoked)						
Former smoker	1.1	2 (0.69, 1.82)	0.98 (0.59, 1.64)		1.40 (1.14, 1.71)	
Current/recent smoker	1.0	5 (0.50, 2.21)	1.15 (0.56, 2.35)		0.92 (0.67, 1.28)	
White non-Hispanic (referent=all others)	0.7	7 (0.44, 1.34)	0.70 (0.40, 1.22)		1.18 (0.92, 1.52)	
Age (OR expressed per year of age)	1.0	4 (1.02, 1.07)	1.03 (1.002, 1.05)		1.0	2 (1.01, 1.03)

Model n's above vary reflecting the exclusion of other categories but retaining the n=1198 referents.

The results from GEE modeling taking into account potential clustering by geographic sample (Utah, Colorado, or New Mexico) compared to multivariable models are shown in Figure 2., below. Although the point estimates for the ORs are very similar from both approaches, for underground hard rock mining the 95% confidence intervals in the GEE model for DMARD-defined arthritis and for non-RA arthritis were narrower and excluded 1.0 (Panels B and C).





In the analyses shown in Table 3 (following page), the highest PAF associated with mining exposures was estimated for RA defined by long-term steroid use (42%; 95% CI 26-48%). In the same model, other silica exposure contributed 16% to the PAF. For RA with DMARD treatment, the PAF for mining was 25% (95% CI 19-31%).

Table 3. Silica expo	sure and rheumatoic	d arthritis: risks asso	ciated with differin	g definitions of disease.

		Any mining	exposure	Silica only from no	on-mining sources
Definitions of RA	n				
	cases/total	OR (95% CI)	PAF (95% CI)	OR (95% CI)	PAF (95% CI)
RA+corticosteroids	89/1162	4.12 (2.49, 6.81)	32% (27%, 37%)	3.39 (1.84, 6.25)	15% (11%, 19%)
RA+long-term corticosteroids	49/1122	6.08 (3.08, 12.02)	42% (36%, 48%)	4.20 (1.78, 9.88)	16% (11%, 20%)
RA+DMARDs	80/1153	3.30 (1.93, 5.66)	25% (19%, 31%)	3.56 (1.96, 6.49)	19% (14%, 23%)
RA+DMARDs or corticosteroids	118/1191	3.46 (2.21, 5.40)	27% (22%, 32%)	3.38 (2.01, 5.67)	17% (13%, 20%)

Meeting our timeline and work plan for the population-based survey, we successfully: designed, refined and field-tested our survey instrument; carried out the survey as proposed; achieved our targeted participation numbers; and carried out the analyses we had proposed. Thus, we met our primary study aims. Moreover, our results were highly consistent with our previous studies focused on the Appalachian coal mining region.

5.0 Publication Record and Dissemination Efforts

Our findings were presented initially at the 2022 regional meeting of the Western Society for Clinical Investigation (Blanc P, Trupin L, Schmajuk G, Yelin E, Rheumatoid arthritis among miners in New Mexico, Utah, and Colorado. J Investig Med 2022; 70:321-2.)¹³ We followed with the development of a full manuscript which has been accepted for publication and is In Press with JAMA Open Access (Blanc PD, Trupin L, Yelin EH, Schmajuk G. Assessment of risk of rheumatoid arthritis among underground hard rock and other mining industry workers in Colorado, New Mexico, and Utah. JAMA Netw Open. 2022 Oct 3;5:e2236738).¹⁴ This high profile publication is likely to lead to wide dissemination of these findings.

6.0 Conclusions and Impact Assessment

In summary, our population-based survey data show that hard rock mining work, soft rock mining, and other occupational silica exposure sources are associated with more than three-fold odds of RA, findings that are consistent with our previous study of Appalachian coal miners. Study limitations, however, should be kept in view. The duration of exposure among hard rock miners was relatively brief, although many had addition sources of silica exposure. High intensity relatively short duration silica exposure can be associated with adverse outcomes although this has not been studied specifically in terms of RA. Further, because the definition of exposure that we used was hierarchical someone with soft rock exposure and hard rock exposure would have been treated in the modeling as hard rock exposed. Also we did not differentiate among surface mining by type, because silica-containing overrock exposure is likely to overlap for such activities. Our exposure and disease outcome numbers were relatively small, accounting for wide confidence intervals, and were especially so for soft rock mining (but nonetheless did exclude 1.0; e.g., were statistically significant). We studied person 50 or older (largely retired rather than active miners) and thus our findings may not be generalizable to younger miners and RA risk. Similarly, we cannot assume that our observations from three U.S. states can be generalized to other regions of the U.S. or internationally.

7.0 Recommendations for Future Work

The survey approach that we utilized in this research project serves as a useful methodologic model to approach other questions. We are currently initiating a new study in the Appalachian region parallel methods to study the prevalence of depression, anxiety, and post-traumatic stress disorder among coal miners compared to others.

8.0. References

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9. Appendix UCSF Alpha Hardrock Survey

- Screening Questions -

leadin		out some work and health		Research, an independent survey for one of the nation's s. This is a legitimate public
S1.	We are only conducting this survey in certain states and counties in the U.S. In what state do you live?			COLORADO
S2.	And, in what county do y	ou live?		
	IF COLORADO DELTA 01 DOLORES 02 GARFIELD 03 LA PLATA 04 MESA 05 MONTEZUMA 06 MONTROSE 07 RIO BLANCO 08 SAN JUAN 09 SAN MIGUEL 10 ALL OTHER 11 REFUSED REF	IF UTAH GRAND 01 SAN JUAN 02 UINTAH 03 ALL OTHER 04 REFUSED .REF	IF NEW MERCALL SANDOVAL SANTA FE TORRANCE VALENCIA RIF NEW M. BERNALILLO CIBOLA RIO ARRIBA SAN JUAN SANTA FE TORRANCE VALENCIA ALL OTHER REFUSED	01 02 03 04 05 06 07 08 09 09 10
IF S2=	OTHER OR REFUSED, ASK:			
S2b.	What is your zip code?			
	(CODE TO COUNTY: IF MATEND)	CHES CONTINUE. OTHERW	ISE DK/	REFUSED REF →END
S3.	RECORD GENDER: (INTER DOUBT AS TO RESPONDEN Because it is sometimes over the phone, I am as you are male or female.	s difficult to determine ked to confirm whether		1 2

ANDLINE	E SAMPLE			
IF MA	AN IS ON	THE TELEPHONE, SAY:		
S4a. For this interview I need to speak to a <u>male age 50 or older</u> . Does a male age 50 or old in your household? (IF YES, ASK) Is that you or someone else? (IF SOMEONE ELSE, ASK TO THAT PERSON) (IF MORE THAN 1 MALE AGE 50 OR OLDER LIVING IN HOUSEHOLD, SAY: I'd I speak with the youngest male age 50 or older who is at home now.)				
	ELIG ELIG NO I	AKING TO ELIGIBLE MALE1CONTINUE WITH S5A GIBLE MALE COMES TO PHONE2REPEAT INTRO, THEN GIBLE MALE NOT AVAILABLE NOW3CALLBACK WALES AGE 50+ IN HOUSEHOLD4END USEDREFEND	CONTIN	IUE WITH S5A
IF W	OMAN IS	ON THE TELEPHONE, SAY:		
S4b	D. For in y LIVII hon ELIG NO	this interview I need to speak to a male age 50 or of our household? (ASK TO SPEAK TO THAT PERSON) (IF NG IN HOUSEHOLD, SAY: I'd like to speak with the you nee now.) SIBLE MALE COMES TO PHONE 1REPEAT INTRO, THEN SIBLE MALE IS NOT AVAILABLE NOW 2CALLBACK WALES AGE 50+ IN HOUSEHOLD 3END USED	MORE T ngest r	HAN 1 MALE AGE 50 OR OLDER male age 50 or older who is at
		your age?		IF AGE 50+, GO TO S6A DER AGE 50
Ī	S5b.	I don't need to know exactly, but can you tell me if you are under age 50, age 50-54, 55-59, 60-64, 65-69, 70-74 or 75 or older?	50-54 55-59 60-64 65-69 70-74 75 OF	R AGE 50
6а.	includi This in	u ever work for pay or profit for one year or longer, ng civilian and military duties? (IF NECESSARY, PROMP cludes civilian or military duties and any job that you d at for one year or longer, even when self-employed	1 (T	YES
	IF NO O	R REFUSED, ASK:		
	S6b.	Did you ever work without salary or pay on a farm family business for one year or more?	101	YES

	PHONE SAMPL			
		S3, GO TO S8A; IF FEMALE FROM S3, END		
S8a.	What is	s your age?		IF AGE 50+, GO TO \$9A
				IF UNDER AGE 50X →END REFUSEDREF →ASK S8b
	IF RFFI I	ISED, ASK:		REFUSEDREF ZASK 30D
	S8b.	I don't need to know exactly, but can you	tell me if	UNDER AGE 501 →END
	JOD.	you are under age 50, age 50-54, 55-59,		50-542 CONTINUE
		65-69, 70-74 or 75 or older?	00 0 1,	55-593 CONTINUE
		,		60-644 CONTINUE
				65-69 5 CONTINUE
				70-74 6 CONTINUE
				75 OR OLDER
				REFUSEDREF →END
00	Dill			4
S9a.		ever work for pay or profit for one year or logicities.		YES1 GO TO S10 NO2 ASK Q9B
		udes civilian or military duties and any job t		NO ANSWER/REFUSEDREF ASK Q9B
		at for one year or longer, even when self-er		NO ANOWERVILL GOED
			, ,	
	IF NO OR F	REFUSED, ASK:		
	S9b.	Did you ever work without salary or pay or	YES1 GO TO S10 NO	
		or family business for one year or more?		
				NO ANSWER/REFUSEDREF END
IE EI IG	SIBLE FROM S	SOP SO SAV		
		ible to participate in an important study about t	the YES, F	PROCEED1 → CONTINUE
		ork on health. Upon completing the survey, we	will YES, E	BUT CALL BACK LATER 2 -> ARRANGE CALLBACK
		\$5 gift card to Amazon or Starbucks or we	can UNSU	RE/HAS QUESTIONS 3 → READ TEXT BELOW
		check It will not take long, only about 15-2	20	EFUSEDREF →END
		most people It is completely voluntary an	d	
		o at any point The study's principal		
		is Dr. Paul Blanc at the University of California edicine. Would you like to participate?	l,	
	SCHOOL OF IME	edicine. Would you like to participate:		
(IF UN	SURE OR HAS	S QUESTIONS, SAY) If you have any questions,	we can giv	ve you the telephone number of Dr.
Blanc'	's office or for	the Office of Research Affairs at the University	ty. (IF REQL	JESTED) Dr. Blanc's research office
-		r is 415-476-7377. The University Office o	f Research	n Affairs telephone number is 415-
476-1	814.			
IE CEL	I DUONE LICT	INC ACK		
S11	For your sa	fety, are you currently driving a motor	YES	1→ ARRANGE CALLBACK
		erating heavy equipment or in a place that	,	2 ONTINUE
		do the survey?		
	. = . = . : - = - : -	240 22 244 1215		
IF CAL S12a.		s10 or s11, ask: ould be a good time for us to call back?	DECORD	DAY AND TIME OF CALLBACK
		· · · · · · · · · · · · · · · · · · ·		
S12b.		nterviewer can ask for you to speak to rson) (you) by name, what is (his) (your)	RECORD	FIRST NAME FOR CALLBACK
	first nam			

Main Survey

Before we begin, I need to tell you that my supervisor sometimes monitors these interviews to ensure quality and courtesy.

The first questions concern work and employment.1. Are you currently employed for pay or profit either full or part time?	I YES
IF Q1=YES, ASK:	· ,
Do you currently work in underground hardrock mining?	YES
IF Q1=NO OR DK OR Q1A=NO OR DK, ASK:	
2. Did you ever work in underground hardrock mining?	YES
3. For how many years altogether did you do this work?	(years) DK/REFDK
4. Which of the following underground hardrock mining have you done mining for (ITEM)?	
a. Silver	YES NO DK/REF
b. Gold	
c. Copper	
d. Uranium or Zircon	
e. Molybdenum (mah-LIB-duh-num)	
IF Q4A-E ALL =NO OR DK, ASK:	
f. Another mineral (other than coal)? (IF NECESSARY) V little later about coal	
IF YES: What was that?	DK/REFDK
5. Did you work for a period as a hardrock mining apprentice or nipper? IF Q5=YES, ASK:	YES
5a. For how many years did you do this work?	YEARS
, , , , , , , , , , , , , , , , , , , ,	NO ANSWER/REFUSED DK

6. Did you work as a sto	pe development miner?	NO	
IF Q6=YES, ASK:			
6a. For how many years	did you do this work?	YEARS	
6b. Did you do your own	mucking?	YES NO NO ANSWER/REF	2
. Did your underground jobs?	hardrock work include any blasting	NO	
IF Q7=YES, ASK:			
(1). Blaster or blaster (7). High-raise blaster (3). Powderman or sh (4). Bench blaster (5). Chute blaster (6). Hang-up blaster (2). Shooter or shoote	helperotman		YES NO DK/REF 1
r Q7b (1)-(7) ALL = N viii. Did you work in ar	y other blasting jobs?		1 2DK
	What was that?	DK/REF	
7c. For how many years mining career include		YEAF NO ANSWER/RE	
B. Did your underground cutting jobs?	hardrock work include any drilling or	NO	

IF	Q8 :	YES	. ASK:

9.

8a.	ia. Specifically, did you work as a (ITEM)? (READ IN ORDER UNTIL 1ST "YES", THEN SKIP TO Q8d, OTHERWISE ASK Q8B)				
(1) (3) (4) (2) (5) (6) (7) (8)	Long-hole driller Block holer Blast hole driller Rock bolter Diamond driller or drill runner In the hole driller				
(1) (2) (3) (4) (5) (6) (7) (8) (9). (10)	Core-drill Raise driller or boring machine Ring drill Road header In-hole drill Jack leg drill Jumbo drill Wagon drill	YES NO DK/REF 1 2 DK 1 2 DK			
	IF YES: What was that?	DK/REFDK			
8d.	For how many years did your hard rock mining career include drilling jobs?	YEARS NO ANSWER/REFUSEDDK			
8e.	For how much of the time did this drilling work use water to control dust – almost none of the time, sometimes, most of the time, or almost always?	ALMOST NONE OF THE TIME			
	Did your underground hardrock work include any mined material handling, loading or hauling jobs?	YES			

	IF Q9=YES, ASK:				
9a.					
(3)	. Diesel loader	<u>YES</u> 1	<u>NO</u> 2	DK/REF DK	
(1)	. Cager	1	2	DK	
(2)	. Downhole loader	1	2	DK	

9b.	Did you work as an operator of a <u>(ITEM)</u> ? (READ IN ORDER UNTIL 1ST "YES", THEN !			
				DK/REF
(7).	. Loading machine	1	2	DK
(1).	. Grader	1	2	DK
(2).	Crusher	1	2	DK
(3).	Grizzly	1	2	DK
(4).	Dozer or jammer	1	2	DK
(5).	. Front-end loader	1	2	DK
(6).	. Load-haul dump	1	2	DK
(8).	. Slusher	1	2	DK
(9).	. Mucker or mucker machine	1	2	DK
$(\dot{1}\dot{0})$). Production loader	1	2	DK
(11)	Scoop or scoop tram	1	2	DK
(12).	Locomotive	1	2	DK
(13)). Haul truck	1	2	DK
. ,				

IF Q 9a (1)-(4) AND Q9b (1)- (13) ALL = NO OR DK, ASK:	
9c. Did you work in any other loading, handling or hauling jobs?	?12DK
IF YES: What was that?	_ DK/REFDK

9d.	For how many years did your hardrock career include mined material handling,	YEARS NO ANSWER/REFUSEDDK
	loading or hauling?	

NOTE: Q10 AND Q10A HAVE BEEN DELETED

11.		Did you work in open-pit hardrock mining?	YES
		IF Q11=YES, ASK:	,
	11a.	Considering all open pit hardrock mining, for how many years in total did you do this work?	YEARS NO ANSWER/REFDK
12.		Did you work in ore processing or metal refining?	YES
		IF Q12=YES, ASK:	
	12a.	Considering all hardrock mining, for how many yea total did you do this processing or refining work?	rs in YEARS NO ANSWER/REF DF

total did you do this processing or refining work?	NO ANSWER/REF DK
13. Have you ever worked in a quarry or sand pit?	YES

13	a. D	id this include granite, quartz, sandstone or sand	1? YES
13		onsidering all quarrying or sand pit work, for how ears did you do this work?	many YEARS NO ANSWER/REFDK
		you ever worked in coal mining? YES, ASK:	YES
1	5.	Did this include underground coal mining? =YES, ASK:	YES
	15a.	Were you ever a coal mine roof bolter?	YES
	15b.	Did you ever work in underground coal mine construction or development?	YES
		IF Q 15b = YES, ASK:	
		15b(1). Did you cut through rock, for example in coal mine slope or shaft construction?	YES
	15c.	Considering all underground coal mining, for how many years in total did you do this work?	YEARS NO ANSWER/REFUSEDDK
	15d.	What percentage of these years did you work at the coal face?	PERCENT (0%-100%) NO ANSWER/REFUSED

1	C	or strip mining?		YES	
	<u>IF</u>	Q16	S=YES, ASK:		
	16	6a.	In this work did you operate a bulldozer, dragline, or scraper?	YES	
	,	16b	Were you a high wall or auger operator or helper?	YES	
		16c.	Considering all surface or strip coal mining, how many years in total did you do this work		
17.			medical doctor ever told you that you have noconiosis, silicosis or black lung?	YES	
18.	or du	coal ring	ng about all of the types of work other than ha mining that you have done for <u>one year or m</u> your career, did any non-mining job involve r ure to breathing dusty air?	ore NO	
IF C	218= <u>`</u>	YES,	ASK:		
18a			w many years did any non-mining job regular e you to breathing dusty air?	y YEARS NO ANSWER/REFUSEDDK	
18b			u ever have regular contact on a non-mining job A TIME IN RANDOM ORDER)		
(1) (2) (3) (4) (5) (6)).).).	Sar Exp Fou	ca, sand, or concrete dust	12DK12DK12DK12DK	
(7) (8) (9)).).	Me ^s Cor	tal grinding or polishing nstruction dust I or agricultural dust	12DK 12DK	

19. TI	hinking about all of the types of work that you have done for \underline{t}	five years or longer during your career…
Did th	nis include (ITEM) on <u>an almost daily basis</u> ? (READ ITEMS ONE A	
11	1) lifting, carrying, bending, stooping, pulling or pushing	YES NO DK/REF
	r) inting, carrying, bending, stooping, pulling or pushing 2) bending, kneeling, squatting, treadle work or extensive standing o	
	B) using vibrating, pneumatic (noo-mat-ik) or hand tools	
	1) working with your arms overhead or reaching, or your neck twiste	
(5	5) gripping, bending or pinching work with your hands	2 DK
Now	some questions about your boolth	
20.	some questions about your health. In general, would you say your health is excellent, very	EXCELLENT1
20.	good, good, fair, or poor?	VERY GOOD2
	9, 9,, p	GOOD3
		FAIR4
		POOR5
		NO ANSWER/DON'T KNOWDK
21.	Are you limited in any way in any activities because of a	YES1
	long-term physical condition? (DO NOT COUNT RETIREMENT	NO2
	AS A LONG-TERM HEALTH PROBLEM)	DON'T KNOW/REFUSEDDK
	,	
22.	Has a doctor, nurse, or other health professional EVER	YES1 (ASK Q22A-E)
22.		NO2 (GO TO Q23)
		NO ANS/REF DK (GO TO Q23)
(IF Q22 = YES, ASK:)	
		YES NO DK/REF
	a. Was this osteoarthritis (os-tee-oh-arth-right-us) or degenerative	
	a. Was this osteoarthritis (os-tee-oh-arth-right-us) or degenerativeb. Was this rheumatoid (rue-ma-toyed) arthritis?	arthritis? 1 2 DK
		arthritis?
	b. Was this rheumatoid (rue-ma-toyed) arthritis?	arthritis?
	b. Was this rheumatoid (rue-ma-toyed) arthritis?c. Was this arthritis due to psoriasis (sor-eye-ah-sis)?d. Was this arthritis due to gout?	arthritis?
	b. Was this rheumatoid (rue-ma-toyed) arthritis?c. Was this arthritis due to psoriasis (sor-eye-ah-sis)?d. Was this arthritis due to gout?e. At what age did your arthritis first start?	arthritis?
	b. Was this rheumatoid (rue-ma-toyed) arthritis?c. Was this arthritis due to psoriasis (sor-eye-ah-sis)?d. Was this arthritis due to gout?e. At what age did your arthritis first start?	arthritis?
23.	b. Was this rheumatoid (rue-ma-toyed) arthritis?	arthritis?
23.	b. Was this rheumatoid (rue-ma-toyed) arthritis?	arthritis?
23.	b. Was this rheumatoid (rue-ma-toyed) arthritis?	arthritis?
23. a b	b. Was this rheumatoid (rue-ma-toyed) arthritis?	arthritis?
23. a b	b. Was this rheumatoid (rue-ma-toyed) arthritis?	arthritis?
23. a b	b. Was this rheumatoid (rue-ma-toyed) arthritis?	arthritis?
23. a b	b. Was this rheumatoid (rue-ma-toyed) arthritis?	arthritis?
23. aa bb	b. Was this rheumatoid (rue-ma-toyed) arthritis?	arthritis?
23. a b c d	b. Was this rheumatoid (rue-ma-toyed) arthritis?	arthritis?
23. a b c c d d e	b. Was this rheumatoid (rue-ma-toyed) arthritis?	arthritis?

(IF YES TO ANY Q25A-F, ASK:)

25. For the pain, swelling or stiffness you just identified, have	· · · · · · · · · · · · · · · · · ·
a. Prednisone (PRED-nuh-zone) or steroid pills?	YES NO DK/REF
IF Q25=YES, ASK:	1 ZDK
a(1). Was this at least 3 times a week for 3 months	VEC 1
or more?	NO2
	NO ANSWER/REFUSED DK
b. Steroid injections into your muscles or joints?	
F Q22B-C OR Q23A-B OR (Q22= YES AND Q25A OR Q25B=YES), A	
Have you ever been given any of the following medicines(R RDER)?	READ ALL ITEMS IN RANDOM
iony.	YES NO DK/REF
a. Methotrexate (meth-oh-TREX-ate), Rheumatrex (ROOM-ah (TREX-all), Otrexup (oh-TREX-up), or Rasuvo (rah-SOOV-o	
o. Sulfasalazine (sulf-ah-SAL-uh-zeen) or Azulfidine (ay-ZUL-	fih-deen)12DK
c. Plaquenil (PLA-kwen-ill) or Hydroxychloroquine	,
(hi-drox-ee-KLOR-oh-kwin)	DK
d. Azathioprine (AY-zah-THIGH-oh-prin), Imuran (IM-your-an)	
zah-sahn)	12DK
e. Arava (uh-RAVE-uh) or Leflunomide (leh-FLOON-oh-mide	e)DK
f. Xeljanz (ZEL-janz) or Tofacitinib (TOE-fah-SIT-in-ib)	DK
g. Rinvoq (RIN-vok) or Upadacitinib (up-ada-CIT-in-ib)	DK
h. Olumiant (OL-um-eh-ant)	DK
27a. (IF Q25b=YES, ADD: Other than the steroid injections you mentioned earlier) have you ever been treated with any injemedications for arthritis or autoimmune disease?	
27b. Has this included (READ IN ORDER UNTIL 1ST"YES", T	HEN SKIP TO Q28)?
, ,	YES NO DK/REF
(1). Enbrel (EN-brel) or Etanercept (ee-TAN-er-cept)	1 2 DK
(9). Cosentyx (koh-SEN-tix) or Secukinumab	
(sek-you-KIN-you-mab)	
(3). Remicade (REM-ih-kaide), Infliximab (in-FLIX-ih-mab	•
Inflectra (In – FLECK-trah)	
(2). Humira (hugh-MEER-uh) or adalimumab (ah-duh-LIM-you-n	•
(4). Rituxan (rih-TUX-an), Rituximab (rih-TUX-ih-mab), or	
(truck-ZEEM-ah)	
(5). Simponi (sim-POHN-ee) or Golimumab (go-LIM-you-	-
(6). Cimzia (SIM-zee-ah) or Certulizumab (sert-uh-LIZ-oo	•
(7). Actemra (ack-TEM-rah) or Tocilizumab (toe-see-LIZ-c	-
(8). Orencia (oh-REN-see-yah) or Abatacept (ab-AT-ah-s	ept) 12 DK
(10). Stelara (steh-LAH-rah) or Ustekinumab	
(ooh-steh-KIN-you-mab)	12 DK

28.	Have life?	e you smoked at least 100 cigarettes in your entire	YES				
	IF Q.28 = YES, ASK:						
	a.	About how old were you when you first started smoking cigarettes?	YEARS OLD NO ANSWER/REFUSEDDK				
	b.	Do you now smoke cigarettes every day, some days, or not at all?	EVERY DAY 1 SOME DAYS 2 NOT AT ALL 3 NO ANSWER/REFUSED DK				
	C.	On the average, over the years you smoked, about how many cigarettes did you smoke a day?	CIGARETTES NO ANSWER/REFUSEDDK				
	d.	Not counting years you may have quit, for how many years altogether (have you smoked) (did you smoke) cigarettes?	YEARS NO ANSWER/REFUSEDDK				
And	finally,	some questions about yourself for classification p	urposes.				
29.	compl	is the highest level of school that you have leted or the highest degree that you have received? LIST ONLY IF NECESSARY)	4 TH GRADE OR LESS				
30.		ou married, separated or divorced, widowed, never married, or are you a member of an unmarried e?	MARRIED 1 SEPARATED/DIVORCED 2 WIDOWED 3 NEVER BEEN MARRIED 4 UNMARRIED COUPLE 5 NO ANSWER/REFUSED DK				
31.	How r house	many people, including yourself, live in your shold?	NO ANSWER/REFUSED				
32.		assification purposes, are you Latino or of Hispanic or descent?	YES				

33. What is your racial background? Are you white, black or African-American, Asian or Pacific Islander, Native American or are you a member of another race? (ANSWER CAN BE A MULTIPLE)	WHITE/CAUCASIAN 1 BLACK/AFRICAN-AMERICAN 2 ASIAN/PACIFIC ISLANDER 3 LATINO/HISPANIC (VOLUNTEERED) 4 NATIVE AMERICAN 6 OTHER (SPECIFY) 5 NO ANSWER/REFUSED DK
34. About how tall are you without shoes?	FEET INCHES NO ANSWER/REFUSEDDK
35. About how much do you weigh without shoes?	LBS. NO ANSWER/REFUSEDDK
36. We don't need to know exactly, but just roughly could you tell me if your annual household income from all sources before taxes in 2020 was less than \$20,000, \$20,000 through \$40,000, \$40,000 through \$60,000, \$60,000 through \$80,000, \$80,000 through \$100,000, or \$100,000 or more?	LESS THAN \$20,000
37. Is the telephone that I dialed to reach you a landline phone or a cell phone? IF Q37=LANDLINE, OTHER OR DK, ASK:	LANDLINE PHONE 1 CELL PHONE 2 OTHER 3 DON'T KNOW/REFUSED DK
37a. Do you make and receive personal calls from a cell phone?	YES
IF Q37=CELL PHONE, ASK:	
37b. Is there a telephone inside your home that you use t make and receive personal calls that is not a cell phone?	0 YES
<u>IF Q</u> 37a OR Q 37b =YES, ASK :	
37c. Of all the personal telephone calls that you receive, do you get most of them on a landline phone or on a cell phone?	MOST ON LANDLINE PHONE 1 MOST ON CELL PHONE 2 ABOUT EQUAL (VOLUNTEERED)3 DON'T KNOW/REFUSED DK
for your participation, we would like to send you a \$5 gift card from Amazon or Starbucks. What N email address should we send that to?	PROVIDES EMAIL ADDRESS

IF Q38=1 (PROVIDES EMAIL), ASK:			
38a.	ENTER EMAIL ADDRESS (READ BACK SLOWLY TO CONFIRM)	EMAIL:	
38b.	Which would you prefer, an Amazon or a Starbucks gift card?	AMAZON	
IF Q38= 2 (DOES NOT PROVIDE EMAIL), ASK:			
38c.	Then we can mail you your \$5 gift card or a check. Which would you prefer – a \$5 Amazon gift card, a \$5 Starbucks gift card or a check?	AMAZON GIFT CARD	
38d.	What is your name and mailing address? (ENTER NAME:	nat is your name and mailing address? (ENTER ADDRESS, READ BACK SLOWLY TO CONFIRM) NAME:	
	ADDRESS:		
	CITY:	(CATI DISPLAYS STATE)	
	ZIP CODE:	(ACCEPT ELIGIBLE ZIP CODES)	

Thank you very much for participating in this important survey.